



COMMONWEALTH of VIRGINIA

Department for the Aging

Jay W. DeBoer, J.D., Commissioner

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COMMONWEALTH of VIRGINIA
Department for the Aging
Jay W. DeBoer, J.D., Commissioner

MEMORANDUM

TO: Executive Directors - Area Agencies on Aging
Information & Referral/Assistance Staff
Care Coordination Staff

FROM: Faye D. Cates, Human Services Program Coordinator

DATE: February 15, 2005

**SUBJECT: JOINT AGING INFORMATION & REFERRAL/CARE COORDINATION
TRAINING AND VIRGINIA ALLIANCE OF INFORMATION &
REFERRAL SYSTEMS (VAIRS) CONFERENCE**

This year VDA will join VAIRS in hosting our annual Aging I&R/Care Coordination Training, scheduled for April 20, 2005. It will be held at The Place at Innsbrook. The Annual VAIRS Conference will be April 21, 2005, at the same location. This is an opportunity to share aging I&R training information with the generic I&R providers throughout the state, and vice versus.

A registration fee is required for both days to cover rental cost of the training site and food provided by The Place. The registration fee for the April 20th Aging I&R/Care Coordination Training is \$25. For the April 21st VAIRS Conference the registration fee is \$35 for VAIRS members and Aging I&R Specialists attending the April 20 training, and \$70 for non-members of VAIRS. Checks should be payable to VAIRS and mailed to me, as I am registration chair for both events.

The VAIRS Conference Brochure, Aging I&R/Care Coordination Training Agenda and Registration Form for both events are available at the VAIRS web site at <http://www.vairs.org/conference.htm>. The deadline for registration by mail is April 18, 2005. I look forward to full aging participation in this first joint training event with VAIRS.

The Certified I&R Specialist (CIRS) and Certified I&R Specialist in Aging (CIRS-A) Exams will be provided on April 21. For this exam, remember to apply directly to the Alliance of Information and Referral Systems (AIRS) 30 days in advance of the exam to receive AIRS approval. We encourage aging I&R Specialists to pursue this certification, as it adds credibility to the concept that aging I&R is a specialty that is recognized in the I&R field of practice. Also it is a certification that the Administration on Aging has worked hard to establish. The web site above will provide a link to AIRS.

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Toll-Free: 1-800-552-3402 (Voice/TTY) • Phone: 804-662-9333 • Fax: 804-662-9354
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COMMONWEALTH of VIRGINIA
Department for the Aging
Jay W. DeBoer, J.D., Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: February 15, 2005

SUBJECT: April, 2005 – Fourth Annual Women & Girls Wellness Month

Women's Health Virginia is organizing the April celebration of Women & Girls Wellness Month in Virginia. The organization's goal is to have events and programs throughout the state to raise awareness of the many issues that affect women and girls' well being. In addition, your agency can participate in the Women & Girls Wellness Expo: Mind, Body and Spirit at the Science Museum of Virginia in Richmond on Saturday April 2, 2005, that will kick-off Wellness Month.

Publicity for your event or participation in Wellness Month is available on the Women's Health Virginia website. The organization also appreciates any publicity your organization can provide for Wellness Month. If you are interested in participating or need more information, Women's Health Virginia can be reached by phone at (434) 220-4500 or at whvnet@womenshealthvirginia.org website. Information about the April 2 event and Wellness Month activities is attached.

Be part of April's *Women & Girls' Wellness Month* festivities!

APRIL 2005 will mark the fourth annual *Women & Girls' Wellness Month* in **Virginia**. It is a time when women and girls and the organizations that are concerned about their well being can be part of this state wide effort to raise awareness of issues that affect women and girls, programs and services that address their needs and the importance of women and girls' wellness in Virginia.

Your organization can be a partner in the celebration with an activity or event.
Here are some suggestions:

- A kickoff event announcing *Wellness Month* in your community. Invite the Mayor, other community leaders, health educators, the media, and the public
- A community health service program, such as free cholesterol, blood pressure, depression, hearing, and/or bone density screening
- An educational program about a topic concerning women or girls' wellness for consumers or health professionals—or both
- A recreational activity such as a wellness walk, jog, hike or sport activity
- A town hall meeting on an issue affecting women or girls' well being
- Ask your City Council or Board of Supervisors to issue a resolution regarding *Women & Girls' Wellness Month* (Women's Health Virginia can assist you with language and what you will need to do)
- Healthy cooking and fitness demonstrations
- A cultural event—poetry reading, art show, theatrical production—by or about women
- Encourage local newspapers and broadcast outlets to focus on women or girls' wellness in your community or organizations that serve their needs
- Encourage civic groups, school districts or local newspapers to sponsor essay, poetry, or poster contests on women and girls' wellness
- Any activity that women and girls will enjoy

Women's Health Virginia can help you identify partners in your area, if you want to collaborate in planning and hosting your event. WHV will also publicize what you are doing on its website and in media releases.

Your organization can also be a partner working with WHV on publicity in your area and with your membership.

Let WHV know what you will do by mail at Women's Health Virginia, 1924 Arlington Blvd., Ste 203, Charlottesville, VA 22903; phone 434-220-4500, fax 434-220-4545 or email at whvnet@womenshealthvirginia.org. For your events, please send the name, date, time, location, a brief description and how to get more information or register (phone and URL).

Women & Girls' Wellness Month 2005

We want to be a partner in *Women & Girls' Wellness Month*

- ☐ We will host an event or program during April in celebration of *Women & Girls' Wellness Month*.

Date_____ Time_____ Name of event_____

Description_____

Location_____ Cost _____

Advance Deadlines/Registration Requirements_____

Contact for further information (phone, email, URL) _____

(If you are hosting more than one event, be sure to send a listing for each event/program.)

- ☐ We would like more information about participating in the Richmond Expo on April 2

- ☐ We will help Women's Health Virginia publicize *Women & Girls' Wellness Month*:

- ☐ We will publicize it in our newsletter. Deadlines and publication dates for winter and spring are_____

- ☐ We would like to receive copy for the newsletter from WHV

- ☐ We will help with local media contacts or provide spokespeople for local media contacts

- ☐ We will assist with local governmental proclamations

- ☐ We would like *Women & Girls' Wellness Month* bookmarks. (\$5 per hundred) (Number_____ Date(s) when we would like to have them_____)

- ☐ We would like *Women & Girls' Wellness Month* T-shirts @ \$10 plus postage (Number of each size) S_____ M_____ L_____ XL_____ Date(s) when we would like to have them_____

- ☐ We would like to support *Women & Girls' Wellness Month* with a contribution. \$_____

Whether your organization will be a 2005 partner in *Women & Girls' Wellness Month* or not, please take a moment to give us current contact information for your organization

Organization_____

Contact Person_____ Title_____

Address_____

Telephone_____ Fax_____ Email_____

URL for Organization Website_____

Send this form to: Women's Health Virginia

By postal mail: 1924 Arlington Blvd., Suite 203, Charlottesville, VA 22903

If you are not ordering materials, you can also e-mail: whvnet@womenshealthvirginia.org or fax: (434) 220-4545

For payments for bookmarks, T-shirts or contributions, please make check payable to Women's Health Virginia.